

## **MICRODERMABRASION INFORMED CONSENT**

This consent form was designed to provide the information that you need to make an informed decision concerning Microdermabrasion for facial or body treatments.

### ***What does Microdermabrasion do?***

Diamond Tip Microdermabrasion has many different effects on the skin. Vacupress suction massage stimulates metabolism as well as lymphatic circulation, thus cell regeneration will be improved. The power of suction brings up impurities and comedones from the skin, sebum, and other possible impurities.

The main benefits of microdermabrasion are to:

- Stimulate and balances the normal skin function
- Brightens skin complexion
- Reduces and brings down fine lines
- The connective tissues are strengthened
- Intensifies the absorption of skin care products
- Firms collagen and elastin fibers
- Reduces scar tissue
- Lightens acne scars
- Normalizes the complexion of stretch mark

### ***How many treatments will I need?***

It is recommended to have a series of 6-8 treatments scheduled in monthly intervals. Each case will vary and a maintenance program will be discussed with your skin care therapist/aesthetician.

### ***Home care:***

Correct home care products intensify and quicken the treatment results. Sauna and hard exercise (sweating) should be avoided in the same day, limited sun exposure for 48 hours and sun protection with SPF 30 or higher is to be worn post treatment.

Rare but possible side effects:

- Red blotchy skin
- Irritation
- Swelling
- Short-term hypo or hyper pigmentation