

CRYOTHERAPY HOME CARE

Following your cryotherapy treatment swelling will develop within 30 minutes and will usually last 12-24 hours.

In some treatment areas a blister may form, it is important not to break the skin and treat the blister with Polysporin.

Ice or cold compress may be applied for relief of swelling and redness.

Darkening of skin and scabbing will follow 2-3 days post treatment and can last for 1-2 weeks.

The treated areas will then slough off and are dry for numerous days post scab. The new skin will appear light pink in appearance and gradually fade to fresh healthy skin.

It is important not to not pick or tamper with the treated areas to avoid scarring.

Complete healing can take anywhere from 3-6weeks.

For best results continue post treatment ointments such as Polysporin and vitamin e.

PLEASE CONTACT SPA THERAPEUTICS IF ANY FURTHER QUESTIONS OR CONCERNS FOLLOWING YOUR TREATMENT.

SPA THERAPEUTICS

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